



HIGHLIGHTS

OF THE CITY

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PLAZA DE MAYO

It is the **most iconic square in Buenos Aires**. The name therefore comes from the **May Revolution**, on May 25, 1810, which took place there was the first step towards independence. Here you can find many historical buildings, such as:

CASA ROSADA

It is the seat of the **Argentine national government and houses** the president's office.



THE CABILDO

The building now houses the **National Museum of the Cabildo and the May Revolution**. It displays original artefacts, documents and interactive exhibits on the Spanish colonial era



THE METROPOLITAN CATHEDRAL

It is the **Catholic Church's main site** in Argentina, and is where Pope Francis used to perform mass before assuming office in the Vatican. It now houses the **Pope Francis Museum**.



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COLON THEATRE

One of the four best opera houses in the world together with La Scala in Milán, the Opera Garnier in Paris and the Royal Opera House in London



CAMINITO

It is a **street museum of colourful painted houses** typical of the immigrant dwellings that came to characterise this portside area towards the end of the 19th and start of the 20th century.



WOMAN'S BRIDGE

It is **one of the most famous landmarks** in the city. The rotating footbridge was the first work from Valencian architect Santiago Calatrava in Latin America.



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PALERMO ROSE GARDEN

One of the **most popular parks in the city**. It boasts a collection of more than 18,000 roses surrounded by a lake and acres of parkland. It received the **international Garden Excellence Award** from the World Federation of Rose Societies



EL ATENEO GRAND SPLENDID

According to British newspaper The Guardian, it is the **second best bookstore in the world**. Its dome is painted with frescoes by Italian Nazareno Orlandi.



TORTONI CAFE

It is **the oldest of the city's 70 historic cafés**, known as "bares notables". It was frequented by important politicians and cultural icons such as Jorge Luis Borges, Julio Cortázar and Carlos Gardel.



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NATIONAL MUSEUM OF FINE ARTS

It has **one of the best art collections in Latin America** with pieces by Picasso, Goya, El Greco, Rembrandt and many more



GALERIAS PACIFICO

It is one of the city's **most luxurious shopping centres**. Its **dome** is painted with murals by Argentine artists Antonio Berni, Lino Enea Spilimbergo, Demetrio Urruchúa and Juan Carlos Castagnino.



THE OBELISK

One of the **city's most iconic landmarks**, standing at the intersection of two of the city's most important streets, **Avenida 9 de Julio (widest street in the world)** and **Avenida Corrientes** (location to main theatres and many pizzerias).



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BOCA JUNIORS "BOMBONERA" STADIUM

home to **Maradona's** beloved Boca Juniors and often considered the stadium with the most intense, passionate atmosphere in the world. The stadium is just a stone's throw from the famous Caminito of La Boca



ECOLOGICAL RESERVE

Covering **350 hectares**, it is the **biggest and most biodiverse green space** in the city. More than **2,000 species of flora and fauna** live in the reserve, including lizards, turtles, coypus, and up to 340 species of birds.



RIVER PLATE "MONUMENTAL" STADIUM

The stadium is **one of the most important in South America**, and, with a capacity of **+80,000**, it's the **biggest in Argentina**. It hosts most of Argentina's international home matches and performances by international singers and bands.



HIGHLIGHTS

THE NATIONAL LIBRARY

The library houses close to a million manuscripts, books, documents, photos, maps, scores and recordings and has the biggest newspaper archive in Latin America.



MUSEUM OF LATIN AMERICAN ART

The MALBA houses the Fundación Costantini collection with more than 400 works of art including paintings, sculptures, photography and engravings by **important 20th century Latin American artists**



RECOLETA CEMENTERY

Over 6,400 statues, sarcophagi, coffins and crypts commemorate some of Argentina's most celebrated sons and daughters, not least Eva "Evita" Perón, in this labyrinthine city of the dead.



FOOD & NIGHTLIFE

Buenos Aires is home to **10 of the 50 best restaurants in Latin America** according to the 2016 **World's 50 Best Restaurants list**.

The City of Buenos Aires was distinguished as **Ibero-American Capital of Gastronomic Culture 2017** by the Ibero-American Academy of Gastronomy

POPULAR AREAS FOR EATING OUT

PALERMO

- Mainly the areas known as **Palermo Hollywood, Palermo Soho and Las Cañitas** are the trendiest gastronomic centres.
- Here you can find everything from gourmet hamburgers, fastfood and sushi to high-end Latin American gastronomy, as well as craft beer and many cocktail bars and pubs.
- **AVERAGE COST PER PERSON: USD 10**



FOOD & NIGHTLIFE

METABOLOMICS
JUNE 21-24 2026
BUENOS AIRES ARGENTINA

PUERTO MADERO

- In this neighborhood you can find a range of restaurants offering **international cuisine** and excellent Argentine **barbecue staples**.
- **AVERAGE COST PER PERSON: USD 15**



SAN TELMO

- One of the city's oldest neighbourhoods is now also one of the most bohemian.
- There are a wide range of interesting options for eating and drinking, but the traditional "bodegones" stand out.
- **AVERAGE COST PER PERSON: USD 12**



CORRIENTES AVENUE

- Corrientes Avenue is one of the most lively areas of the city.
- Here you will find the most famous pizzerias, performance venues and theatres.
- **AVERAGE COST PER PERSON: USD 8**



PRE & POST CONGRESS TOURS

METABOLOMICS
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As one of the largest countries on the continent, **Argentina** has an impressive variety of landscapes, from the rainforest surrounding Iguazu Falls to the arid Andean plateau of the Northwest and the vast Patagonian clear lakes and snow-capped mountains, to the never-ending countryside pampas. If you are travelling to Buenos Aires, it might be a great opportunity to visit some of the top destinations of the country.



MORE INFORMATION ABOUT **TOUR PACKAGES** WILL BE AVAILABLE ON A SEPARATE WEBSITE.
THE ACCESS TO IT COULD BE ADDED TO THE CONGRESS WEBSITE